CHARACTER CHECKLIST Name:..........................................................................................................................

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| Aspect of character | Notes |
| Physical/biological – age, height, size, state of health, assets, flaws, sexuality, gait, voice. Are they comfortable in their own skin? Do they have scars, loss of teeth or other markers? The body itself is a storehouse of memory. How does their voice change in different contexts or moods? |  |
| Psychological – intelligence, temperament, personality, happiness/unhappiness, attitudes, self-knowledge, unconscious aspects. What do they want, dream about or fear? Best and worse memories. How they react to strangers and surprises, to joys and embarrassments. |  |
| Interpersonal/cultural – family, friends, colleagues, birthplace, education, profession, hobbies, beliefs, values, lifestyle. Impact of age, gender, nationality, marital status, work and religion. Their attitude towards these. |  |
| Personal history – major events, including the best and most traumatic. |  |
| Other |  |