

SAVE THE CAT! WORKSHEET



1. What is it?

Prelim logline:

Whole book potential?

Irony?

Killer title:

2. Genre:

Monster in the House

Golden Fleece

Out of the Bottle

Dude with a Problem

Rites of Passage

Buddy Love

Whydunit

The Fool Triumphant

Institutionalised

Superhero

3. A guy who:

Describe the hero (adjective + noun):

Most conflict?

Longest way to go emotionally?

Hero's compelling goal & motivation:

Primal?

Hero's flaw:

Describe the bad guy (adjective + noun):

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4. Beat it out!

1. Opening image

Does it set the tone, mood, type and scope of the book?

2. Theme stated

3. Set-up

Have you introduced all the A-plot characters?

Have you shown the **things that need fixing**?

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4. Catalyst

5. Debate

6. Break into Two

Does the hero make a proactive choice to enter the story world?

6. B Story

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8. Fun and Games

Does it fulfil the **promise of the premise**?

9. Midpoint

The hero experiences a **false victory** or **false defeat**

The stakes are raised

The A and B stories intersect

10. Bad Guys Close In



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11. All is Lost

Is there a **whiff of death**?

Is it the opposite of the Midpoint in terms of 'up' or 'down'?

12 Dark Night of the Soul

Is there a **dark night epiphany**?

13 Break into Three

Does the hero now know what she has to do?

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14. Finale	1. Gathering the Team
	2 Executing the Plan
	3 The High Tower Surprise
	4 Dig Deep Down
	5 The Execution of the New Plan

Is the B story resolved?

15 Final Image

Have all good guys changed?

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5. Building the beast:

Does every scene contain conflict?

Does every scene have an emotional change?

Final logline:

On the verge of , a
stasis = death moment

flawed hero (describe)

, but when
breaks into Two

, they must learn
the Midpoint happens

before
the Theme

.
All is Lost



Well done, you did it!